

# ASSOCIATED AND CATHOLIC COLLEGES OF WA

# NORTH WESTERN ASSOCIATED SCHOOLS CHARTER OF OPERATIONS

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# **AIM**

It is the aim of the North Western Associated Schools, as a sub-association of the Associated & Catholic Colleges, to further develop an interschool sporting competition that promotes participation, sportsmanship, leadership, and socialization amongst students.

# **MEMBER SCHOOLS**

SCHOOL	ADDRESS	TELEPHONE
Aranmore Catholic College	Franklin St, Leederville	9444 9355
Carmel School	Cresswell Rd, Dianella	9276 1644
Mercy College	Mirrabooka Ave, Koondoola	9247 9247
John Septimus Roe	Mirrabooka Avenue, Mirrabooka	9247 2242
Kingsway Christian College	157 Kingsway St, Darch	9302 8777
St George's Anglican Grammar School	50 William Street, Perth	9312 0800

# **SPORTS STAFF CONTACTS**

SCHOOL	HEAD OF SPORT	EMAIL	PHONE	MOBILE
Aranmore Catholic College	Adam Miotti	Adam.miotti@cewa.edu.au	9201 5234	0412 827 984
Carmel School	Wendy Atkinson	atkwens@carmel.wa.edu.au	9276 1644	0418 947 541
Mercy College	Meg Connell	Meg.Connell@cewa.edu.au	9247 9247	0404 217 849
John Septimus Roe ACS	Brooke Lyons	blyons@jsracs.wa.edu.au	9247 2242	0414 688 448
Kingsway Christian College	David Colin-Thome	david.colin-thome@kcc.wa.edu.au	9302 8758	0480 177 305
St George's AGS	Jodie Scheele	jscheele@stgeorges.wa.edu.au	9312 0800	0403 905 552
Emmanuel Christian CS	Peter Siani	psiani@eccs.wa.edu.au	9342 7377	0450 405 477
SCHOOL	HEAD OF PE	EMAIL	PHONE	MOBILE
Aranmore Catholic College	Dwayne Grace	d.grace@aranmore.wa.edu.au	9201 5234	0422 734 641
Carmel School	Chris Quelch	christopher.quelch@carmel.wa.edu.au	9276 1644	0491 652 632
Mercy College	Andreas Bouzinekis	andreas.bouzinekis@cewa.edu.au	9247 9247	0430 529 165
John Septimus Roe	David Traynor	dtraynor@jsracs.wa.edu.au	9247 2242	0437 800 948
Kingsway Christian College	Paul Whitby	paul.whitby@kcc.wa.edu.au	9302 8777	0413 215 533
St George's AGS	Jodie Scheele	jscheele@stgeorges.wa.edu.au	9312 0800	0403 905 552
Emmanuel Christian CS	Peter Siani	psiani@eccs.wa.edu.au	9342 7377	0450 405 477

# **HOST SCHOOL**

YEAR	SCHOOL	YEAR	SCHOOL
1992	Mercy	2012	Carmel
1993	Newman	2013	John Septimus Roe
1994	Servite	2014	Kingsway
1995	Carmel	2015	Mercy
1996	John Septimus Roe	2016	Aranmore
1997	La Salle	2017	John Septimus Roe
1998	Aranmore	2018	Carmel
1999	Mercy	2019	Kingsway
2000	Newman	2020	Mercy
2001	Carmel	2021	Aranmore
2002	John Septimus Roe	2022	John Septimus Roe
2003	Swan Christian	2023	St George's
2004	La Salle	2024	Carmel
2005	Mercy	2025	Kingsway
2006	Aranmore	2026	Mercy
2007	John Septimus Roe	2027	Emmanuel CCS
2008	Swan Christian	2028	Aranmore
2009	La Salle	2029	John Septimus Roe
2010	Aranmore	2030	St George's
2011	Mercy	2031	Carmel

# **MEETINGS**

Meetings will be convened at the following levels:

# **Sport Coordinators**

Sports Coordinator meetings take place before SMC meetings. The Sports Coordinator from the rostered <u>host school</u> will chair the Sports Coordinators' meeting and is responsible for minutes derived from the meeting.

SMC MEETING DATES 2024								
TERM 1 TERM 2 TERM 3 TERM 4								
Thursday 22/2/24	Thursday 18/4/24 Thursday 20/6/24	Thursday 12/8/24	Date TBC by Host School					

# **Principals and Sport Coordinators**

PRINCIPAL & SPORTS COORDINATOR MEETINGS DATES 2024								
TERM 1 TERM 2 TERM 3 TERM 4								
N/A	Tuesday 7/5/24	N/A	TBC at discretion of the					
14//	1 acsacy 1/5/24	14/71	group					

Minutes derived from all meetings are to be circulated within one week of the meeting. Schools must have representation at all levels of meeting.

## **INVOLVEMENT**

It is the policy of the ACC that students competing in ACC sport must be under 19 years of age as of 31 December. Students who have turned 19 years of age are not permitted to participate in ACC sport.

It is also ACC policy that student participation is limited to "secondary school students" and that the minimum level for participation is enrolment in Year 7. Students should only participate in teams for their respective year levels. In no circumstances can a student play in a lower year level team.

If at any stage a school cannot fill a team, schools may allow a student to play in a higher year level or across sports of different genders. This should only occur as an extreme measure if no other players are available in that year group and the replacement does not represent as a clear physical advantage to the team. As a courtesy, the coach and or manager of the opposition team must be informed of this change before the start of play.

Coaches should record all participating players on their score card for each match.

# Inclusive Students (Students with Additional Needs)

Modifications to include students with additional needs maybe made at the discretion of the coaches. Sports will be modified to encourage participation in accordance with the ACC motto 'Sport in the Right Spirit'.

## **Gender Classification**

SPORT		GIRLS		BOYS		
	7/8	9/10	Senior	7/8	9/10	Senior
Basketball	G	G	G	В	В	
Volleyball	M	М		M	M	
Frisbee	М	М		M	M	
Cricket				B/N	B/N	
Netball	G   G/N   M	G   M	G	M	M	
Soccer	G	G	G	В	В	В
Badminton	G	G		В	В	
Touch	М	М		M	M	

CODES								
G – Girls only team G/N – Girls neutral team (Boys can play, selection on individual assessment or #'s top up) O – Open aged team	B – Boys only team B/N – Boys neutral team (Girls can play, selection on ability or #'s top up) O – Open aged team	<ul><li>M = Mixed team (set # of male and female players)</li><li>I = Integrated/Inclusive Team</li></ul>						

ACC GENDER SPORT CLASSIFICATION - NAMING CONVENTIONS								
Year Group 7 8 9 10 11/12 SSA RULE/POLICY								
TEAM GENDER CODES SPORTS $B = BOYS$ , $G = GIRLS$ , $N = NEUTRAL$ , $M = MIXED$								

AFL	B/N	B/N	B/N	В	В	Females can participate with males until and including Year 9. Single sex (all boy/girl) competitions are preferred	
AFLW	G	G	G	G	G	if teams can be arranged within the schools or junior district.	
Badminton	B/N G/N M	B/N G/N M	B/N G/N M	B/N G/N M	B/N G/N M	No gender age split rule, male & female competitions standard, Mixed doubles standard.	
Basketball	B/N G/N* M *Up to 12 yrs	B/N G M	B/N G M	B/N G M	B/N G M	No local rules. Based on sex discrimination laws, should be open to both genders up to 12 years of age. After 12 years girls could play in a boys team, but boys could not play in a girls team. Competitions can be mixed teams.	
Cricket	B/N G	B/N G	B/N G	B/N G	B/N G	No gender age split rule, females can play in male competitions and males cannot play in female competitions at any age.	
Floorball	B/N G/N M	B/N G/N M	B/N G/N M	B/N G/N M	B/N G/N M	No gender age split rule Mixed JNR teams encouraged up to U15	
Handball (European/Team)	B/N G/N* M * <b>Up to 12 yrs</b>	B/N G M	B/N G M	B/N G M	B/N G M	No local rules. Based on sex discrimination laws, should be open to both genders up to 12 years of age. After 12 years girls could play in a boys team, but boys could not play in a girls team. Competitions can be mixed teams.	
Hockey	B/N G/N* M * <b>Up to 12 yrs</b>	B/N G	B/N G	B/N G	B/N G	No restriction on girls playing in boys competitions, but parents sign a waiver and consent. Boys up to 12 years can play in girls teams.	
Indoor Cricket	B/N G/N M	B/N G/N M	B/N G/N M	B/N G/N M	B/N G/N M	No gender age split rule	
Netball	B/N* G/N* M * <b>Up to 12 yrs</b>	B G M	B G M	B G M	B G M	Boys can play with girls up to the age of 12.  12 years and above Girls, Mixed or Boys Teams only	
Soccer	G B/N	G B/N	G B/N	G B/N	G B/N	Males and females compete in separate gender age teams. Girls may play in boys teams. Boys may not play in girls teams.	
Softball	B/N G/N* M * <b>Up to 12 yrs</b>	B/N G M	B/N G M	B/N G M	B/N G M	No local rules. Based on sex discrimination laws, should be open to both genders up to 12 years of age. After 12 years girls could play in a boys team, but boys could not play in a girls team. Competitions can be mixed teams.	
Tennis	B/N G/N* M * <b>Up to 12 yrs</b>	B/N G M	B/N G M	B/N G M	B/N G M	No local rules. Based on sex discrimination laws, should be open to both genders up to 12 years of age. After 12 years girls could play in a boys team, but boys could not play in a girls team. Competitions can be mixed teams.	
Touch	M B/N G	M B/N G	M B/N G	M B/N G	M B/N G	No rule of TFA or TFWA that prevents a girl from playing in a boys/male team by age.  A mixed side would be free to participate in a boy's competition, however, would not be able to participate in a girl's competition.	
Volleyball	B/N G M	B/N G M	B/N G M	B/N G M	B/N G M	Years 5/6 Boys and girls can play in the same team. Years 7/8, 9/10, 11/12 Girls can join/play in a boys' team of the same school year or older. Boys can only play in boys' teams.	
CARNIVAL SPORTS							
ATHLETICS	B/G/I	B/G/I	B/G/I	B/G/I	B/G/I		
CROSS COUNTRY	B/G/I	B/G/I	B/G/I	B/G/I	B/G/I	Males and females compete in separate gender categories. Mixed relay events are allowed.	

## **SPORTS**

## **SUMMER**

	Girls Basketball		Girls	Basketball				
	Boys	Basketball	Boys	Basketball				
YEAR 7/8	Mixed	Volleyball		Mixed	Volleyball			
	Mixed	Ultimate Frisbee					Mixed	Ultimate Frisbee
		Cricket			Cricket			
YEAR 7-9	Girls	Basketball	YEAR 10-12	<del>Girls</del>	<del>Basketball</del>			
CHAMPIONSHIP ALIGNMENT	Boys	Basketball	CHAMPIONSHIP ALIGNMENT	Boys	Basketball			

## **WINTER**

		Netball		Girls	Netball
	Girls	Soccer	YEAR 9/10 YEAR 10-12	Girls	Soccer
	Boys	Soccer		Boys	Soccer
YEAR 7/8	Girls	Badminton		Girls	Badminton
	Boys	Badminton		Boys	Badminton
	Mixed	Netball		Mixed	Netball
	Mixed	Touch*		Mixed	Touch*
				Girls	Soccer
			CHAMPIONSHIP	Boys	Soccer
			ALIGNMENT (TBC)	Girls	Netball

<sup>\*</sup>Touch Mixed: Year 7/8 & 9/10 (minimum of 2 from each gender are required)

## **FIXTURES**

NWAS Fixtures are created mainly for a one day carnival format. Weekly round robin fixtures for years 7-9 and senior grades can be created should schools wish to align with the ACC Championship preliminary rounds. These competitions are decided on a year by year basis by the NWAS schools. Weekly fixtures must be confirmed by the sports coordinators of each competing school on the Monday of each fixture week.

For current NWAS fixtures, please visit the ACC website at <a href="https://www.accsport.asn.au/interschool-sport/nwas/fixtures">https://www.accsport.asn.au/interschool-sport/nwas/fixtures</a>

## **NOMINATIONS**

For current NWAS nominations, please visit the ACC website at <a href="https://www.accsport.asn.au/interschool-sport/nwas/nominations">https://www.accsport.asn.au/interschool-sport/nwas/nominations</a> .

## **VENUES**

## **One Day Carnivals**

One day carnivals can be held at a central location or based at a NWAS school depending on the sport and venue availability. Venue costs that are booked by the ACC or NWAS schools will be paid by the ACC. Unless a venue is not attended by all NWAS schools, the total cost will be split equally and invoiced at the end of each relevant term. For all

venues booked by NWAS schools, invoices must be addressed to the Associated and Catholic Colleges of WA and checked before forwarding to the ACC NWAS facilitator.

## **Round Robin Fixtures**

Venues for each round will be based on the first mentioned teams in the fixtures (home team). Competing schools in each round should make contact on the Monday of the scheduled fixture for venue confirmation. It is the responsibility of the school providing the venue to ensure that all ground/court markings are complete and adequately maintained.

Venues are available on the ACC website at <a href="https://www.accsport.asn.au/interschool-sport/nwas/venues-1">https://www.accsport.asn.au/interschool-sport/nwas/venues-1</a>.

# **ONE DAY CARNIVALS**

## **Term 1 Summer Sport Format**

Sport	Managing School/s	Gender	Players on Court/Field	Game Length
Basketball	JSR/Kingsway	Boys & Girls	5	2 x 15 min halves 5 min half time; 10 min changeover
Volleyball	Mercy/Emmanuel	Boys & Girls	8	1 x 15 min game time (no halves) 5-10 minute breaks based on basketball format
Ultimate Frisbee	Aranmore	Aranmore Mixed		1 x 15 min game time (no halves) 5-10 minute breaks based on basketball format
Cricket	St George	Neutral	8	8 x 6 ball overs Each fielding player bowls 1 over. Each batting pair has 2 overs.

## **Term 2 Winter Sport Format**

Sport	Managing School/s	Gender	Players on Court/Field	Game Length
Badminton	Kingsway	Boys & Girls 6		ТВС
Netball	JSR	Girls & Mixed	7	2 x 15 min halves 5 min half time; 10 min changeover
Soccer	Mercy/Emmanuel	Boys & Girls	11 (boys) 9 (girls)	2 x 15 min halves 5 min half time; 10 min changeover
Touch Football	Aranmore	Mixed	6	2 x 15 min halves 5 min half time; 10 min changeover

# DAYS OF PLAY

## Year 7/8

- Tuesdays Summer and Winter (round robin competitions).
- Term 1 summer one day carnival Tuesday 19 March 2024.
- Term 2 winter one day carnival Tuesday 18 June 2024.

## Year 9/10

- Wednesdays Summer and Winter (round robin competitions).
- Term 1 summer one day carnival Tuesday 20 March 2024.
- Term 2 winter one day carnival Wednesday 19 June 2024.

## **HOURS OF PLAY**

For round robin competitions, the year 7/8 & 9/10 grades will play from 4.00 pm - 5.00 pm. (NB – schools are encouraged to start earlier if possible). For one day carnivals, round times will depend on the number of schools participating, however will generally start at 9.00 am and finish around 2.00 pm.

# Start/Finish Match Length Policy (Round Robin Fixtures Only)

In the spirit of the NWAS competition, schools are to arrive on time to ensure an adequate amount of playing time. In some instances, this may require the 'away' school to leave early or arrange a change of venue to a central location if they cannot meet their starting time commitment. Sports Coordinators are expected to discuss these 'time sensitive fixtures' with their Principal and Deputy Principal well in advance of the fixture.

Both teams should arrive at the venue at least 10 minutes early to allow time for students to warm-up. Schools are committed to start the fixture at 4.00 pm. 4.15 pm is the latest a game can start so teams can finish at 5.00 pm and have adequate time to return to their school (unless notice has been given or schools have discussed otherwise).

All games should have a minimum of 45 minutes playing time (up to 5.00pm) to constitute a match. Quarter and half time breaks are not to be counted within the 45 minute playing time. Specific playing times for individual sports are outlined in the relevant sport <u>Appendix</u>. If it is not possible to complete 45 minutes of playing time up to 5.00 pm, and no contact has been made, then the offending team will forfeit the match. In the case of a match forfeit due to a late start, a 'social' match will still be played but the playing time will be reduced by mutual agreement between coaches ensuring equal half playing periods and a 5.00 pm finish. The result will be invalid.

If a match is to be forfeited due to late arrival, the forfeit must be 'declared' before the start of the match by the coach of the offending team, the umpire/referee, the non-offending coach, or the home team Sports Coordinator. If the forfeit is not declared before the match, the result will stand. Both coaches are to sign the scoresheet so there is a formal approval of the forfeit.

Schools are to ensure that they educate staff, students & outside coaches of the <u>forfeit clause</u> above to ensure that this rule is implemented in the right spirit.

# **GENERAL CONDITIONS OF PARTICIPATION**

## **Dress**

For all sports, players dress standards must be consistent and in line with the traditional expectations for that sport. However, the school sports uniform may be substituted where appropriate. Specific attention is to be paid to Basketball and Soccer uniforms and safety equipment (e.g., soccer shin pads). Schools are requested to allocate funds where possible to improve on the current standards.

UNIFORM COLOURS				
Aranmore Catholic College	Navy blue and red			
Carmel School	Navy blue			
John Septimus Roe ACS	Garnet and blue			
Mercy College	Navy blue and gold			
Kingsway Christian College	Navy blue shirt with red side panels, navy blue shorts			
St George's AGS	Red and grey			
Emmanuel Christian Community School	Navy blue and white			

# **Staffing**

Suitable teaching staff are to be assigned a coaching or managing role by the Sports Coordinator. Each team should be accompanied by a teacher or a responsible adult.

If necessary, qualified (in the estimate of the Sports Coordinator) parents or past students or senior present students may be authorized to coach/manage teams.

Duties of scorer, timer, linesmen, and boundary umpires are carried out by competent reserves or suitable persons nominated by the Coach/Manager.

Principals are committed to ensuring that all teams are well supervised. Sport Coordinators are entitled to expect support from senior administrators in approaching and appointing staff to coaching positions.

# **Staff Authority**

Staff from both schools engaged in a fixture have the authority to address and or discipline students from the opposite school.

# **Umpires/Referees**

Where possible, schools can source external umpiring services for their competitions. The total cost will be invoiced to the ACC and on charged to NWAS schools. Each invoice fee will be shared equally amongst all NWAS schools.

For round robin fixtures, each school is to supply one umpire for the relevant sport.

It is agreed that NWAS work towards the provision of qualified/experienced umpires for all sports at all year levels. Umpires are to be qualified/experienced and if not available within the school, are to be outsourced. Year 11/12 students may umpire/referee if they are suitably qualified/experienced.

# Send Off Rule

If a student is sent from the field of play in any NWAS sport, he/she is not permitted to return to the field of play for that game. However, that player may be replaced immediately by one of the reserve players. The umpire/referee should indicate the reason for the send off to the team coach and the player concerned when it is convenient. A written report is to be made and copies sent to the Sports Coordinators of each school. The Sports Coordinators should then take appropriate action.

## **Points**

WIN	3 points
LOSS	0 points
DRAW	1 point per team
FORFEIT WIN	3 points
FORFEIT LOSS	0 points

Teams with equal points on weekly and final competition ladders, will be separated in the following manner:

Basketball	Points for and against (goal difference)
Cricket	Runs for and against (point difference)
Badminton	Sets for and against (set difference)
Soccer	Goals for and against (goal difference)
Netball	Goals for and against (goal difference)

Touch	Points for and against (point difference)
Volleyball	Sets for and against (set difference)
Frisbee	Points for and against (point difference)

# Forfeits (weekly fixtures only)

Early communication is essential to alleviate problems arising from forthcoming forfeits. Games should start by 4.15pm. If teams are not ready to start and no contact has been made, a forfeit will be declared at 4.15pm. The game will still be played, however, as a 'scratch' match not counting for points.

If a forfeit occurs due to a team arriving late or not having the correct gender split, then the forfeit must be 'called' before the start of play. Schools playing players down, i.e., Year 11 in a Year 9/10 competition, will have to forfeit the match, however both schools are still encouraged to play the match as a scratch match.

A forfeiting team will receive 0 points, whilst the opposition team will receive 3 points for that fixture. Teams that win a forfeited game will be awarded a 'forfeit win' score for that particular sport. Teams that created the forfeit will be awarded a 'forfeit loss' score which is 0 (see table below).

When entering a forfeit into Jaro, click on the fixture and go to the 'game status' field. Select the correct forfeit status (i.e., "Forfeited Home or 'Forfeited Away') from the drop down menu. DO NOT ENTER SCORES as Jaro will enter points automatically.

Forfeiting a fixture should be an absolute last resort.

## **FORFEIT SCORE TABLE**

SUMMER			WINTER		
SUMMER	R FOR AGAINST		SUMMER	FOR	AGAINST
Basketball	30	0	Soccer	7	0
Volleyball	20	0	Netball	20	0
Ultimate Frisbee	10	0	Badminton	9	0
Cricket	50	0	Touch Football	10	0
Touch	10	0			

# **Protective Equipment**

It is essential that protective equipment is worn at all times and that the equipment is maintained at optimal levels. Shin pads must be worn in soccer matches.

## Reporting of Results

Results of all fixtures are reported using the Jaro on-line results system. The home team enters all results in Jaro within 24 hours of the fixture. They can complete this task via the Jaro backend from their computer, or via the Jaro mobile app.

Once all results are entered the scorer must check that results are displaying correctly in the fixtures and on the ladder via the ACC website or the Jaro App. Schools can correct errors at any stage. If there are any issues with the results entry process, schools are to notify the ACC immediately.

If the results cannot be entered by the home team, then the away team should enter the results. Both home and away teams can enter results at any time after the fixture has been played. If Jaro is not functioning and results cannot be entered online, then the results can be emailed to the ACC.

Once results are entered and the opposition team has been notified, the opposition team must confirm results within 48 hours by ticking the "verified" box in Jaro. Any discrepancies must be resolved by both home and away teams and results corrected in Jaro.

It is recommended that the Jaro app be promoted to coaches, students and parents and that the ladders be used to motivate individuals, teams and coaches/managers throughout the season.

N.B. Results entered are considered final once confirmed and verified on-line. Both teams' coaches/managers and captains must settle scoring discrepancies before scorecards are signed.

## **Carnival Managers**

For one day carnivals, each carnival manager will be given a "superadmin" status in Jaro to access all fixtures for their sport on the day. The ACC must make this administration change in the Jaro system. ACC schools cannot access these permissions.

# **Final Team Placings**

Points gained in qualifying fixtures determine the final team placings. Both summer and winter sport will have a final round - 1st place v's 2nd place - including one day carnival competitions.

# Uneven Contests (Mercy Rule)

Recommendation is made that if any game is competitively uneven, the coaches should modify or adapt the game to make it a positive playing experience, i.e., winning team take off better players, mix players between teams, reduce playing numbers for both teams if opposition is short.

At the point when the maximum margin occurs (refer to table below), coaches concur, modify the game and record the result. Game Points will be awarded to the winning school. Scores greater than the maximum allowable score should not be entered into Jaro.

Other sports such as indoor beach volleyball and badminton, whilst not using the maximum allowable scores, should still follow the philosophy of the mercy rule and if a match is grossly one sided make game modifications as outlined above.

SPORT	MAXIMUM MARGIN SCORE
Basketball	30 points
Volleyball	n/a
Ultimate Frisbee	10 points
Cricket	50 runs
Soccer	7 goals
Netball	20 goals
Badminton	n/a
Touch	10 tries

# **Inclement Weather**

#### Hot Weather

Home school should contact the weather bureau at 10.30 am. If the weather conditions are extreme (high temp (>37) & high humidity), the home school contacts the away school by 11:00 am. and a decision to cancel can be made. If schools do proceed with sport under hot/humid conditions the following strategies should be employed:

- Reduce match length.
- Increase the number of rest/drink breaks.
- Ensure that adequate fluid replacement occurs before/during/after the match.
- Normal sun protection measures such as hats/sunscreen should already be in place.
- ➤ Where possible shade should be available adjacent to playing venues.
- Consider cancellation of outdoor sport only.

## Storm/Wet Weather

Home school should contact the weather bureau at 10.30 am. If the forecast is a severe warning (lightning and hail), the home school contacts the away school by 11:00 am and a decision to cancel can be made. If doubtful, teams show up and a decision is made by the home Sports Coordinator on site as to whether games continue. Rain and cold weather is not considered as severe weather. Fixtures should only be cancelled if the weather is severe and poses a significant risk to student safety. The decision to cancel a fixture remains a school-based decision. Fixtures cancelled due to weather will affect all inside and outside venues.

#### Cancellations

If two schools cancel fixtures due to adverse weather, then that fixture for those two schools will be considered a draw and entered in Jaro using the scores as listed in the table below. Notes explaining the reason for the drawn results are to be entered in the 'Event Notes' field in the body of the fixture.

SPORT	FOR	AGAINST	
Basketball	10	10	
Volleyball	10	10	
Ultimate Frisbee	6	6	
Cricket	50	50	
Touch	3	3	
Soccer	2	2	
Netball	13	13	
Badminton	3/30	3/30	

Current weather forecasts can be obtained at http://www.bom.gov.au/wa/forecasts/perth.shtml

# **Team Sizes**

In 2024, there will be no restrictions on team size. A minimum number of players should be provided; however, the maximum number is unrestricted.

## **FINALS**

The NWAS competition format has changed to one day carnivals so finals rounds are no longer required. The winning schools are those placed highest on the relevant sports ladder. Points are allocated to each ladder place for the NWAS tally of placings. Schools participating in weekly round robin fixtures aligned with the ACC Championship will not include a finals round. The two highest placed teams will progress to the elimination rounds.

In the event of a draw at full time during a weekly round robin fixture, extra time will be played according to rules set in the table below.

Basketball	Keep playing additional 5 minutes until deadlock is broken
Netball	Keep playing additional 5 minutes until deadlock is broken
Soccer	Five penalties for each side

# **APPENDIX**

# Basketball

## **TEAMS**

Each school fields one (1) team for each gender.

Teams are to consist of at least 5 on-court players with unlimited interchange players.

#### **DRESS**

Basketball strip with numbered singlet or bibs. Non marking shoes are to be worn in games played indoors.

## **DURATION OF PLAY (weekly fixtures only)**

Games are to consist of two (2)  $\times$  20-minute halves, with a 5-minute changeover at half time. In the event of an unscheduled reduction in the time available to play, the halves are to be reduced accordingly, with strict adherence to the 5.00 pm finish time.

#### **RULES**

The rules of the Australian Basketball Association will apply except as stated otherwise in this document.

- A jump ball will commence at the start of the game then possession as per normal basketball.
- The game clock will not be stopped for any reason.
- When there is an obvious difference in ability levels between two teams, the players are to be instructed that teams are to avoid playing a "full court press defense". Instead, they should allow the opposition to bring the ball over halfway before being engaged by the defense.

## **SUBSTITUTES**

Substitutes are to be made via the umpire on any dead ball except for after a score and should be executed from the side only.

## TIME OUTS

1 x 30 second time out per team, per half.

## **EQUIPMENT**

The home team is to provide the match ball.

➤ Ball sizes: Size 6 - Girls 7/8, 9/10

Size 7 - Boys 7/8, 9/10

## **FINALS**

In the case of a drawn final then  $1 \times 5$  minutes extra time will be played. If the game is still a draw, the team finishing higher on the ladder will be deemed the winner. Both teams must supply a referee.

## SCORING/SCORECARDS

One scorer from each team should overlook the scoring duties. Scorecards are to be signed by the referee/s and captains of each team at the conclusion of the fixture. It is assumed that if scoring discrepancies occur, they are settled immediately at the conclusion of the fixture and that results recorded in Jaro are final.

## **PRESENTATIONS**

# **Ultimate Frisbee (Mixed)**

#### **TEAMS**

- Two teams of five players (5) plus substitutes.
- Maximum team size is unlimited.
- Minimum team size is 4 players.

Ratio can be 2:3 any gender. If this gender ratio is not followed then a forfeit is recorded against the offending team, but the game will still be played as a "scratch" match. Forfeits must be declared before the start of play.

#### **DRESS**

Players are to be dressed in school sports uniform.

## **DURATION OF PLAY (weekly fixtures only)**

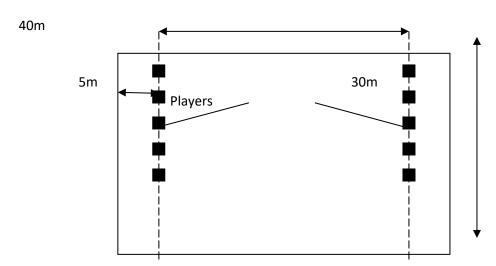
Games are to consist of two (2) x 20-minute halves, with a 5-minute changeover at half time.

#### **RULES**

Ultimate is a fast, free flowing game that combines elements of netball, soccer, gridiron and touch rugby. The basic idea of the game is very simple. The aim is for the team with the Frisbee to pass it up the field without dropping it and catch it in an end zone, which scores a point. The other team tries to intercept the disc or knock it down. The sport is non-contact and teams are generally mixed - both genders play on the same team. The other important aspect of Ultimate is that there are NO REFEREES. The players are trusted to make all decisions by themselves.

#### **FIELD**

Ultimate is usually played on an approximately half-width football field, with two teams of five players (plus substitutes) lining up against each other. However, any size field can be used depending on space available, and a good game can be had with as few as four players a side. Cones are generally used to mark the corners of the zones and the sidelines. The diagram below displays the size field NWAS will use for their games with 5 per team. This is minimum size. The maximum size allowed is 50m with 2 x 5m end zones.



## **QUICK RULES**

- There is no running with the frisbee. The frisbee can only be moved up the field by passing it. When a player catches the disc they must establish a "pivot" foot before throwing, a little like basketball.
- The person with the frisbee has 10 seconds to throw. A defensive team member marks them and counts out loud, "stalling...one...two...three..."
- No physical contact is allowed between players. Contact results in a foul. In practice, small amounts of accidental contact are usually tolerated.
- A "turnover" occurs when the frisbee hits the ground, goes out of bounds, is dropped or intercepted. Unlike touch football, if the frisbee is knocked down, the team that last held the frisbee loses it, regardless of who knocks it down. The defensive team takes possession of the disc at that point and becomes the offensive team.

- Unlimited substitutions are allowed between points, although none during points.
- 2m minimum pass distance.
- 20m maximum pass distance.
- 2m spacing on defence
- If a player drops the disc or causes a turnover in their defensive end zone a touchdown/point will be awarded and play will restart.

#### **FOULS**

Players call their own fouls when rule violations or contact occurs - there are no referees. A player disagreeing with a foul call can usually "contest" (dispute) the call, in which case the play is redone and the disc returned to the thrower. Players endeavour to be fair in their calls, so calls are rarely contested. Teachers will be present to help supervise the game.

## "SPIRIT OF THE GAME"

Unique to Ultimate, and central to individual and team conduct, is the underlying Spirit of the Game, which embodies the sportsmanship which has sadly been lost from other sports. Players undertake to be competitive but fair and truthful, physical but careful, intense but friendly and courteous.

## **SCORING**

To start a point, the defending team "pulls" (throws) the disc from their end zone to the offensive team, who stand in the opposite end-zone. The object of the game is for a team to connect passes down the field until the disc is caught in their opponents' end zone, scoring one point. Teams change ends at the end of each point.

Results reported are considered final. Scoring discrepancies must be settled by both team's coaches/managers and captains before scorecards are signed.

#### **FINALS**

In the case of a drawn final then the player will be dropped off from each team after each minute until one team scores. In the game is still drawn then the team finishing higher on the ladder will be deemed the winner.

## **PRESENTATIONS**

# Cricket

#### **TEAMS**

- Teams are to consist of eight (8) players.
- Schools can have a team squad of unlimited players, however there must only be eight players on the field. Coaches can determine how they want to balance the team.
- Minimum team numbers are six (6).

#### **DRESS**

Players are to be dressed in school sports uniform.

## **DURATION OF PLAY (weekly fixtures only)**

Games are to consist a maximum of 8 six-ball overs bowled by each side. A team may not declare its innings closed.

## **RULES & PLAYING CONDITIONS**

- Each game to be played between two teams of eight players with the home team batting first.
- A game consists of a maximum of 8 six-ball overs bowled by each side with a maximum of 6 balls per over.
- A team may not declare its innings closed.
- Each person in the fielding side shall bowl 1 over. Batting pairs shall bat for two overs.
- The wicketkeeper is also required to bowl.
- Bowlers are limited to a 10-metre run-up (limit also applies to the wicketkeeper's position).

## **Boundaries**

- 4 runs scored as normal. Batsman may run extras, i.e., boundary four (4) plus runs. In the event of a run out, batting side will lose runs, run but keep the boundary four (4) with no penalty.
- 8 runs scored for any ball passing over the boundary on the full.

#### Wide Balls

- A wide ball shall count as 2 extra runs and no extra ball shall be bowled.
- The call of "wide" shall be at the umpire's discretion and the ball shall remain live, i.e., batsmen can run.
- In the final over, wide balls and no-balls are to be re-bowled.

## No-ball

- A no-ball shall count as 2 extras and no extra ball shall be bowled.
- Any runs will be credited to the batting team in addition to the extras.

## No – ball rules:

- a. Bouncing above shoulder height.
- b. Full toss above waist height.
- c. Wicketkeeper is more than 20 metres from the stumps (strikers end).
- d. Ball bounces more than once.

## Retirement

Batsman bat in their pair for two (2) overs and then swap with new pair ensuring all players bat.

## **Batting Penalty**

When a wicket is taken (bowled, caught, run out or stumped) the batting team will be penalised five (5) runs for each wicket taken.

## Fielding Restrictions

- No more than 4 fielders on the leg side.
- Pitch length is standard.
- The boundaries shall have a radius of 50 metres from the centre of the wicket (i.e.: 100m diameter)

## Extra Time

In the event of a draw at full time then extra time will be played. Keep playing additional 5 minutes until deadlock is broken.

## **EQUIPMENT**

All players are encouraged to wear protective equipment. Batters and Wicket keepers are to wear gloves and a groin protector as a minimum.

#### **Batters**

- Pads and gloves
- Helmet with grill
- Groin Protector

## Wicketkeeper

- Gloves
- Helmet and grill
- Pads

Ball to be used: Kookaburra Soft-ball.

Home team is to provide wickets and boundary lines.

Each team is to provide an umpire for their team's fielding innings.

## **SCORESHEETS**

Scoresheets are to be signed by the umpire and coaches at the conclusion of the fixture. It is assumed that scoring discrepancies are settled immediately at the conclusion of the fixture and that results reported on Jaro are final.

## **SCORING**

Points = Total run score after wicket deductions.

In the case of equal points, the match will be declared a draw and ladder points will be split.

## **FINALS**

In the event of a draw, a super over will be used to decide the winner. Super over rules will be in accordance with ICC regulations.

## **Summary**

- Teams will return to the field with the number of fielders they had on the field at the close of the final over.
- Teams will choose 3 batsmen, 2 of which will head to the pitch of the opposition field. If a wicket falls in the super over, the third batsman will take strike. Should a second wicket fall, that team's innings is declared closed.
- Fielding teams elect one bowler. This player may be chosen from any student who has participated in the match.
- In a super over, wides and no-balls will be re-bowled.
- Each team's total runs scored for that over will be compared and a winner decided.

## **PRESENTATIONS**

# **Touch Football**

#### **TEAMS**

- Teams are to consist of six (6) players on field at any one time.
- There must be a minimum of 2 girls on field at all times.
- Schools are encouraged to have an even gender split of 3/3 in all games. If a team cannot achieve the 3/3 mixed gender ratio, then they must be a 2/4 split between either gender. If this gender ratio is not followed, then a forfeit is recorded against the offending team but the game will still be played as a "scratch" match.
- Forfeits must be declared before the start of play.
- Minimum number of players is four (4).
- Maximum team size is unlimited.

#### **DRESS**

Players are to be dressed in school sports uniform.

#### **START TIME**

All Fixtures are to start at 4:00 pm. To fulfill this requirement some schools may have to leave class early to ensure they arrive at the away venues in time for a 4:00 pm start.

## **DURATION OF PLAY (weekly fixtures only)**

All games are to consist of two (2) x twenty (20) minute halves with a three (3) minute break between halves.

## **RULES**

- Rules are in accordance with the Australian Touch Association Rules Book except as stated otherwise in this document. Rules can be downloaded off the following web site: <a href="https://tfa-cms.nrl.digital/media/4424/tfa-8th-edition-rulebook-a5-v6.pdf">https://tfa-cms.nrl.digital/media/4424/tfa-8th-edition-rulebook-a5-v6.pdf</a>
- Dummy-half must pass the ball and cannot score a try.
- Defending team must retire a minimum of 5 metres after each touch.

#### Substitutes

Substitutes are to be made via the referee.

#### **Equipment**

The home team is to have suitably sized markers of a distinguishing colour and made from a safe and pliable material which are to be positioned at the intersection of sidelines and score lines (total of six (6) markers).

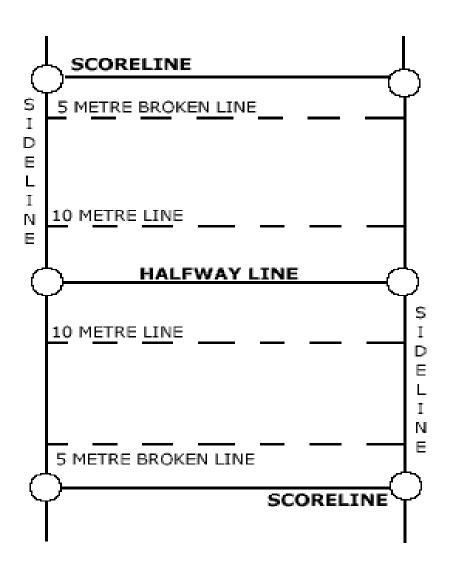
## **Scorecards**

Scorecards are to be signed by the referee and captains at the conclusion of the fixture. It is assumed that scoring discrepancies are settled immediately at the conclusion of the fixture and that results reported to the ACC office are final.

#### **FINALS**

In the case of a drawn final then the player will be dropped off from each team after each minute until one team scores.

#### **PRESENTATIONS**



# Soccer

#### **TEAMS**

Teams are to consist of eleven (11) players with as many interchange players as they wish. The maximum team size is unlimited. Efforts should be made to field full strength teams.

Seven (7) players are the minimum to play an official match. An opposing team still has the right to field their full team (11 players) regardless, and the final result will remain valid.

#### **DRESS**

Players are to be dressed in numbered soccer tops and uniform shorts and socks. Shin pads must be worn.

#### **START TIME**

All fixtures are to start at 4:00 pm. To fulfill this requirement, some schools may have to leave class early to ensure they arrive at the away venues in time for a 4:00 pm start.

#### **DURATION OF PLAY**

Games are to consist of two (2) x twenty (20) minute halves with a 5 minute break at half time and must be finished by 5.00 pm.

#### **RULES**

- Rules are in accordance with Football Australia at <a href="https://www.footballaustralia.com.au/get-involved/refereeing/resources">https://www.footballaustralia.com.au/get-involved/refereeing/resources</a>.
- Substitutes are to be made via the umpire.
- Shin pads must be worn by all players.
- The home team is to have corner flags or markers in place.
- Nets must be used.

## **SCORECARDS**

Scorecards are to be signed by the referee and captains at the conclusion of the fixture. It is assumed that scoring discrepancies are settled immediately at the conclusion of the fixture and that results recorded in Jaro are final.

## **FINALS**

In the case of a drawn final then each team will take five (5) penalty strokes. If the game is still a draw, then the shootout will move to a sudden death model.

#### **PRESENTATIONS**

# Netball

#### **TEAMS**

- Teams are to consist of seven (7) players with unlimited interchange players.
- Maximum team size is unlimited.
- Minimum team size is five (5) players.

## **DRESS**

Players are to wear sports uniforms and lettered bibs.

#### **START TIME**

All Fixtures are to start at 4:00 p.m. To fulfill this requirement some schools may have to leave class early to ensure they arrive at the away venues in time for a 4:00 p.m. start.

## **DURATION OF PLAY (weekly fixtures only)**

All games are to consist of four (4) x ten (10) minute quarters with 3 minutes between quarters and 5 minute half time break. Games are to finish at 5.00 pm.

#### **RULES**

- Rules are in accordance with Netball Australia <a href="https://netball.com.au/sites/default/files/2020-02/INF-RulesofNetball2020.pdf">https://netball.com.au/sites/default/files/2020-02/INF-RulesofNetball2020.pdf</a> unless stated otherwise in this Appendix.
- In the circumstance where dual (wrap around netball and basketball) goals are a permanent fixture of the court, ricocheted goals are to be considered "out of play". When the ball rebounds into court, the ball is also considered out.
- Substitutions can be made via the referee during a stop in play. No substitutions can be made in the final 5 minutes
  of the game.

## **SCORECARDS**

Scorecards are to be signed by the umpires and captains of each team at the conclusion of the fixture. It is assumed that scoring discrepancies are settled immediately at the conclusion of the fixture. Umpires are to coordinate and ensure they concur at each break. Results recorded in Jaro are considered final.

## **FINALS**

In the case of a drawn final then 5 minutes extra time will be played until a deadlock is broken.

## **PRESENTATIONS**

# **Badminton**

#### **TEAMS**

- Teams consist of six (6) players made up of three (3) pairs, i.e., Pair 1, Pair 2 & Pair 3.
- Maximum team size is unlimited.
- Minimum number of players is six (6).

## **DRESS**

School sport uniform.

#### **START TIME**

All Fixtures are to start at 4:00 pm. To fulfill this requirement some schools may have to leave class early to ensure they arrive at the away venues in time for a 4:00 pm start.

## **DURATION OF PLAY (weekly fixtures only)**

- Games are to be made up of 3 rounds with 3 games in each round a total of 9 games.
- Rounds are 15 minutes in duration.
- Games are played to time, not points.
- At the conclusion of time (20 minutes) the team with the most points wins the round game. If a draw at the conclusion of time an extra point is played to determine the winner.
- Schools which have won the most round games wins the entire rubber. Games and points for both schools must be totalled and recorded on the scorecard e.g., JSR 3 games (60 points) d Mercy 0 games (55 points). In the event of a tie in the number of games, points will determine the result.
- Games are to finish by 5.00 pm.

Round 1: 4.00pm – 4.15pm		Round 2: 4.15pm – 4.30pm			Round 3: 4.30pm – 4.45pm			
Team A		Team B	Team A Team B		Team A		Team B	
Pair 1	v	Pair 1	Pair 1	V	Pair 2	Pair 1	V	Pair 3
Pair 2	V	Pair 2	Pair 2	V	Pair 3	Pair 2	٧	Pair 1
Pair 3	v	Pair 3	Pair 3	V	Pair 1	Pair 3	V	Pair 2

## **RULES**

- The rules of the WA Badminton Association will apply except as stated otherwise in this document. WA Badminton rules are available for download at <a href="https://www.intbadfed.org/badminton-rules/">https://www.intbadfed.org/badminton-rules/</a>
- The team listed first on the fixture is to provide new shuttlecocks.
- Substitutes are to be made through the management or captain of the opposing team.

## **SCORING**

- Points & Service: Points are won per rally.
- Serving procedure is in line with WA Badminton Association. In essence, serving is in a rotational order.
- Schools must have 3 complete pairs for a real match to take place.
- Each home school to supply NEW shuttle cocks (plastic or feather) and have some in reserve for each fixture. They must be the same type and speed for all games.

#### **FORFEITS**

For each pair missing, the opposing school is credited with 3 games and 90 points toward their final total. In the event of a complete forfeit, the opposing school is credited with 9 games and 270 points. These partial "forfeits" are not entered as total fixture forfeits and need to be done as a normal result entry score.

## **SCORECARDS**

Scorecards are to be signed by the umpires and coaches of each team at the conclusion of the fixture. It is assumed that scoring discrepancies are settled immediately at the conclusion of the fixture. Umpires are to coordinate scorecards and ensure they concur at each break. Results recorded in Jaro are considered final.

## **Timers and Scorers**

Scorers from opposing teams must sit together for the duration of the game. Home team is to supply a timer.

#### FINAIS

- Finals matches are played based on the ladder position at the end of the round robin.
- 1st place team v's 2nd placed team at a central venue (unless agreed otherwise).

If teams draw, the highest on the ladder wins. All coaches and teams are expected to stay at venues for presentations.

## **PRESENTATIONS**

# Volleyball

#### **TEAMS**

Teams consist of eight (8) on court players with unlimited substitutes. Minimum number of players is four (4).

#### DRESS

School sport uniform. Tracksuits may be worn in Volleyball but the correct uniform rule will be all team members in track pants or no team members in track pants. In extreme adverse climatic conditions, the coaches can convene and, if agreed, tracksuit tops may be worn, but NOT bottoms.

## **DURATION OF PLAY (one day carnivals)**

Games are to be contested over 1 x 15 minutes of play (5-10 minute break between).

#### **RULES**

Points & Service:

Each server can only serve five (5) times in succession before the serving team is required to rotate one position to continue serving with a new player. (Team retains the serve but changes the server).

The team listed first on the fixture is to provide the match ball.

Volleyball Net Heights:

Years 7 & 8 = 2.15m

Years 9 & 10 = 2.25m

#### **SUBSTITUTES**

As stated above.

## **SCORING AND SCORECARDS**

- The set playing periods completed at the call of time shall constitute the match. The final match result will be determined by the total points won.
- Points & Service: If the serving team wins a rally, it scores a point and continues to serve; if the receiving team wins
  a rally, it scores a point and must serve next.
- The team that wins the total number of points wins the match.
- Scorecards are to be signed by the umpires and captains of each team at the conclusion of the fixture. It is assumed
  that scoring discrepancies are settled immediately at the conclusion of the fixture. Umpires are to coordinate
  scorecards and ensure they concur at each break. Results reported to the ACC office are considered final.

## **TIMERS AND SCORERS**

Scorers from opposing teams **must sit together** for the duration of the game.

## **PRESENTATIONS**

# **SPORTS INJURIES**

As approved by Council 31 August 1995 Sports Injuries Policy is located on the **Policies & Guidelines** page on the ACC website at https://www.accsport.asn.au/sites/default/files/Sports%20Injuries%20Policy.pdf.

# **UMPIRES/REFEREES**

## Prior to Game

- Ensure both teams have timekeepers, timing pieces, scorecards, pens, and that scorers are located in close proximity to one another.
- For AFL ensure that goal umpires compare scores at each break.
- Meet both teams in centre of court/field/oval where they line up apposite each other and shake hands.
- Briefly explain specific rules of note.
- Conduct toss of coin for direction of play.
- In case of inclement weather conduct the 'prior to game' instructions in the most practical and convenient manner possible.

## The Game

- To enforce the rules of the game.
- To encourage a sense of discipline and cooperation whilst the game is in progress.
- To verbally recognise good play.
- On ground procedures.
- Players sent off, will be off for the rest of the game.
- Stop the game
- Bring all the players to a central point (including the player to be sent off). Explain the reason for send off.
- During a Break
- Discuss the player. Establish an appropriate situation to make the explanation. Explain the reason for the send off to the coach/manager and player at the first convenient break.

## Post Game

- Direct 3 cheers to each team.
- Check and sign scorecard.
- NB: The coach is the key to a team's behaviour on and off the field.

# **GAME PROCEDURE AND ETIQUETTE**

## **Teamsmanship**

- To support fellow team members by participating to full capacity.
- To be suitably attired in the appropriate school sporting uniform.
- To promote worthy competition without losing the aspect of enjoyment of participation in a friendly atmosphere.
- To respect the opposition's involvement as individuals and a team.
- To encourage fair play by abiding with umpiring decisions.
- To assist team managers and coaches by offering organisational assistance where possible.
- To take heed of my school's ethos while participating.

#### Procedure

- To assist in the preparation of venues for the fixtures.
- Captains and Vice Captains to meet the opposing teams on their arrival and advise them of facility location in addition to specific information regarding the fixture when necessary.
- To cater for the needs of opposing players as occasions arise.

To encourage social interaction.

# WORKING WITH CHILDREN LEGISLATION

From 1 January 2006 the State Government introduced legislation requiring certain people working with children in WA to undergo a "Working with Children Check" (WWC). The WWC is compulsory under government legislation and ACC schools must comply with this legislation. In 2008 the legislation will affect people working with children aged between 13-17 years. Persons deemed to be working with children are any volunteers, employees, or contractors (over 18 years of age) who in their usual duties are likely to have contact with children. Contact includes any form of physical contact, oral communication, and electronic communication.

People may also be exempt from the legislation if they are:

- A volunteer under 18 years of age
- A volunteer who is a parent of a child at an ACC school
- A volunteer (over 18 years of age) that has worked with children on no more than five calendar days in a year.

For the purposes of these guidelines, persons deemed to be volunteers are those that are engaged in child-related work for, but are not employed by, the school. The term volunteer is not defined in the legislation. Volunteers that are being "reimbursed" for out-of-pocket expenses such as travel/uniform are still regarded as volunteers and not employees. However, volunteers that receive payments as a "reward" and not a "reimbursement" may be considered as employees and not volunteers. Schools will have to make their own "common sense" decision when determining the status of persons as volunteers or employees. In cases where a volunteer has received a very minimal payment then the school may consider them as a volunteer. In most cases an employee is someone that has received a wage/payment and has signed a contract of employment.

Schools involved in sub-association sport are required to comply with the legislation. Schools must ensure that all coaches, officials and bus drivers that will have contact with children at sporting events (whether they are paid or volunteers) have undergone a working with children check and hold a valid WWC card number (excluding those covered under exemptions above). To comply with the legislation, you will have to keep records to ensure that people working at your sporting events have their WWC ID in order.

WWC records can be recorded in a simple format using the following example:

POSITION	NAME	VOLUNTEER/PAID	EXEMPT? – WHY	WWC CARD NUMBER
Sports Trainer	John Brown	Paid	No	123456
Basketball ref	Sue Brown	Volunteer	Yes – parent of David Brown	Not required
Bus Driver	Rob Jones	Paid	No	123455

For more information:

ACC Guidelines: https://www.accsport.asn.au/sites/default/files/Sports%20Injuries%20Policy.pdf

WWC website at: www.checkwwc.wa.gov.au